

SERMON TITLE

Anxiety - A Silent Tool of Satan

SCRIPTURE REFERENCE

2 Timothy 1:3-7 KJV

KEY POINT 1

3 Major Questions to Ask Yourself

- 1.What is the most impactful truth about my past?
- 2.What is the most impactful truth about my present?
- 3.What is the most impactful truth about my future?

KEY POINT 2

Anxiety Affects People 3 Ways

- 1.Mind
- 2.Body
- 3.Relationships

KEY POINT 3

4 Symptoms of Anxiety

- 1.Isolation
- 2.Fatigue
- 3.Anger
- 4.Fear

SERMON NOTES

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KEY POINT 4

4 Ways to Conquer Anxiety

- 1.Humble Yourself
- 2.Seek God's strength
- 3.Practice gratitude
- 4.Seek Christian friendship

ABSORB

Psalms 34:4 KJV Says; I sought the Lord; He Heard me
and delivered me from all my fears.

CONCLUSION

Though most anxieties metastasizes from not knowing
the unknown, God is healing every part of our lives,
spirit, soul and body.

